

# *Free* Maternity Tour of the Women's Center at Sentara Obici Hospital



A **FREE** tour of the Women's Center. This tour was developed for expecting parents that already have children but may be new to the area or delivering at Sentara Obici Hospital for the first time. The tour includes viewing a labor and delivery room, a postpartum room, and the nursery. Information will be given on unit procedures, registration process, and parking areas.

The Maternity Tour is offered 2 days a month from 6-6:45 pm. You must register to attend, using the expectant mother's name. Registration includes the expectant mother and one support person. Please do not bring children, as we have a special separate sibling tour included in the free Prepared Sibling Class. Please meet us in the third floor lobby just outside the Women's Center.

**Dates for 2019-September 24, October 1 & 29, November 5 & 26, & December 3 & 17**

**Dates for 2020-January 14 & 18, February 11 & 25, March 3 & 24, April 7 & 28, May 12 & 26, June 9 & 23, July 14 & 28, August 11 & 25, September 8 & 22, October 13 & 27, November 10 & 24, December 8 & 15**

To REGISTER for a class, call 1-800-SENTARA or visit [www.sentara.com](http://www.sentara.com), "Find a Class or Event" for dates and times.

For more information or questions, please contact:

Elizabeth Johnson: (757) 934-4563-Manager or Lisa Milburn: (757) 934-4497 Nurse Educator