

## **WHAT ARE OB NURSE NAVIGATORS?**

Registered Nurses to help reduce the stress and anxiety that many expectant mothers have. We are available to listen to your needs, help you and your family to understand the plan of care and educate you on community resources.

## **HOW MUCH DOES THE PROGRAM COST?**

OB Nurse Navigators are FREE to all expectant mothers scheduled for delivery at Sentara Obici Hospital.

## WHERE CAN I LOCATE THE OB NAVIGATORS?

All our Registered Nurses are based at Sentara Obici Hospital

Lori White, RN Coordinator 934-4405 Tandy Coyle, RN, BSN 934-4114 Lisa Milburn, RN, BSN 934-4497





Lisa

